

Carried Daily: Trusting God with Our Burdens

Rev. Samuel Jones

Praise for God's Daily Care

Psalm 68:19 (NLT) declares, "Praise the Lord; praise God our savior! For each day He carries us in His arms. Interlude." This verse sets the stage for understanding how God continually supports us, not just in extraordinary moments, but every day.

A Lesson from the Pool

During a family vacation in a Texas city, a meaningful lesson unfolded at the pool. One child, confident in their swimming abilities, needed no help, while the other, despite their self-assurance, did not recognize the potential dangers. As the headstrong child jumped into the water, insisting on their independence, a moment of crisis quickly arose. After plunging underwater, the child realized their predicament. When rescued, the response was not gratitude, but blame—"You almost made me drown!" This reaction is not uncommon. People often resist help until trouble arises, and even then, may not acknowledge the support given.

Understanding Burdens: Physical vs. Psychological

Burdens can be physical or psychological. Unlike physical baggage, emotional baggage is harder to let go of, as memories and feelings persist. Understanding God's role in helping with both kinds of burdens can lead to peace and relief.

The Role of Trust

Trust is key to managing burdens, and support is offered if we accept it. The psalmist says God controls all and describes God as the Father, Son, and Holy Spirit, each with perfect qualities.

How Jesus Helps Us

Jesus assists us in two profound ways. First, He shares our burdens, lightening the load and strengthening our faith. Second, when we are powerless, He lifts us in His arms and carries us through our struggles. God's presence never ceases. He is always actively involved in our lives. The psalmist emphasizes that this care happens every day.

The Savior's Compassion

Historically, God protected Israel from dangers. Now, Jesus and the Holy Spirit helps us overcome challenges and sin. Trusting God is an ongoing daily choice, not a single event. Jesus helps us by sharing our burdens and carrying us when we are weak. God's presence is constant, and he cares for us daily, as noted by the psalmist.

Reflecting During the Interlude

The term "interlude" in music refers to a pause from singing, allowing the music to play and encouraging reflection on the meaning of the song. In our daily lives, we benefit from pausing to consider God's leadership, supremacy, and compassion. These moments of reflection are our interlude, reminding us of God's continuous care.

An Invitation to Rest

Matthew 11:28-30 (NLT), "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light."

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MARRIAGE TAKES 3

Rev. Sam and Sister Sonya Jones

Second and Fourth Tuesdays at 7:00 p.m. on Zoom

W.O.V.E.N. CONFERENCE

April 25, 2026

9 a.m. to 1 p.m.

Hilton Garden Inn DFW

2001 Valley View Lane

Irving, Texas

Conference Speaker

Alysia Friday

Registration Fee: \$65

PASTOR

Dr. Michael Oyedokun II

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Dr. Don Wheeler

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"Reformation through Transformation using the Word of God" Romans 12:1-2

The
Pastor's
Porch



Dr. Michael Oyedokun II

Reformation Through Transformation
Using the Word of God

"I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. And do not be conformed to this world, but be transformed by the renewing of your mind that you may prove what is the good and acceptable and perfect will of God." Romans 12:1-2.

At the heart of the Christian journey is God's desire not merely to improve our lives, but to transform them. As a church, our church motto —

(continued on next page)

“Reformation Through Transformation Using the Word of God” – calls us to experience lasting spiritual change that begins on the inside and manifests in how we live, serve, worship, and witness in the world.

The Apostle Paul clearly outlines this process in Romans 12:1-2, where he urges believers to present themselves as living sacrifices, holy and acceptable to God. This is not a one-time act, but a daily surrender. True worship is not confined to what we do on Sunday—it is expressed through how we live Monday through Saturday. Reformation in the life of a believer begins when we decide that our entire life belongs to God.

Paul then challenges us with a powerful command: “Do not be conformed to this world.” The world constantly pressures believers to think, act, and value what culture celebrates. Yet God calls His people to live differently. Reformation requires separation—not isolation, but distinction. We are in the world, but we are not to be shaped by it.

Transformation occurs, Paul says, “by the renewing of your mind.” This renewal happens through consistent engagement with the Word of God. The Word reshapes our thinking, corrects our attitudes, realigns our priorities, and reforms our character. When the Word changes our minds, it inevitably changes our behavior. What we think determines how we live.

As our minds are renewed, we begin to discern the will of God—His good, pleasing, and perfect will. Transformation positions us to walk confidently in God’s

purpose, make Godly decisions, and live lives that reflect Christ. This is the outcome of spiritual reformation: believers who are not only saved, but spiritually mature; not only hearers of the Word, but doers.

As we embrace this church motto, we are committing ourselves as a church to allow God’s Word to do its work in us. Reformation through transformation is not about tradition, trends, or personal preference—it is about submitting ourselves fully to the authority and power of Scripture.

May this season where we surrender more, grow deeper, think differently, and live boldly—allowing the Word of God to transform us from the inside out for His Glory.

**Adult Sunday
POWER HOUR Bible Study**
8:45 a.m. in person
and on Zoom.

**WEDNESDAY BIBLE
STUDY**
12 noon in person and
7:00 p.m. on Zoom.

YOUTH BIBLE STUDY
Wednesday at 7:00 p.m. on Zoom.

Who Are We That Are Strong, Hurting People That’s Who!

Dr. Raymond Davis

In chapters 14 and 15 of Romans, Paul wrote that Christians should not despise or condemn others (14:1-12), nor should they hinder the conduct of other Christians (14:13-23). Paul gave us a principle to observe when believers are dealing with fellow Christians: we are to follow the example of the Lord Jesus.

Jesus was supremely the person who ministered on behalf of others, not Himself. Matthew 20:28, “*Just as the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many.*” Paul summarizes chapters 14 through 15 by saying, “**we who are strong**” (obviously in conviction and conscience) “**ought to bear the infirmities of the weak.**” This emphasizes continuing obligation. This sentence takes the position that underscores the importance of bearing the infirmities of the weak. The strong should not despise the weak; but ought to bear with them.

A Christian should not be self-centered, but should be concerned about the spiritual and well-being of others. Listen, my brothers and sisters, pleasing others, however, is not the end in itself, but is for their good, to build them up (*edification—to build up or encourage*).

This is the example Jesus left. Even Christ Jesus did not please Himself. He came to do the will of the Father who sent Him. (John 4:34).

BIRTHDAYS

If your birthday is not listed and you wish to list it, give your name, month, and day in writing to Dr. Wheeler.

MARCH

13th Francine Nourse
23rd Deborah McCloud

APRIL

01st Venus Wheeler

No other information available.

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ANNIVERSARIES

No information available.

T.H.R.I.V.E. TRIBE

Young Adult Ministry
(18-35 year-olds)

Ministry Scripture

“Now unto Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us.” Ephesians 3:20.

Gatherings

- *Monthly Meet-ups:* Faith-focused fellowship and small group discussions.
 - *Quarterly Outings:* Fun, connection, and community-building experiences.
- (Exact dates and locations announced monthly)

Benefits

- Spiritual Growth.
- Establishing Connections/Relationships.
- Real, small group discussions.
- FOOD!
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If you have questions, see Reyunia Holmes.