

BEN WASHINGTON BAPTIST CHURCH

BIBLE STUDY

Bible Study Series – Part 3

“On the Battleground...Not the Playground”

Ephesians 6:10-20

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ON THE BATTLEGROUND...NOT THE PLAYGROUND

Part 1: Ephesians 6:10-13 – April 29, 2026

Part 2: Ephesians 6:14 – May 6, 2026

Part 3: Ephesians 6:15 – May 20, 2026

Part 4: Ephesians 6:16 – May 27, 2026

Part 5: Ephesians 6:17 – June 3, 2026

Part 6: Ephesians 6:18-20 – June 10, 2026

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BATTLEGROUND



PLAYGROUND

ON THE BATTLEGROUND...NOT THE PLAYGROUND

Part 3

Make Your Shoe Game Tight

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Ephesians 6:10-20 (KJV)

10 Finally, my brethren, be strong in the Lord, and in the power of his might. 11 Put on the whole armour of God, that ye may be able to stand against the wiles of the devil. 12 For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high [places]. 13 Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand. 14 Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness; **15 And your feet shod with the preparation of the gospel of peace;** 16 Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked. 17 And take the helmet of salvation, and the sword of the Spirit, which is the word of God: 18 Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints; 19 And for me, that utterance may be given unto me, that I may open my mouth boldly, to make known the mystery of the gospel, 20 For which I am an ambassador in bonds: that therein I may speak boldly, as I ought to speak.

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Paul second tells us to: “PUT ON THE RIGHT SHOES”

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Ephesians 6:15 states: "and with your feet fitted with the readiness that comes from the gospel of peace" (NIV). It is part of the "Armor of God" metaphor, advising believers to be firmly grounded and spiritually prepared for life's challenges through the stability offered by the Christian message.

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Proper footwear can make a huge difference, whether you're hiking or playing a sport or fighting in a war. Ex. Flag Football

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Roman soldiers wore sandals called caligae

- Heavy-duty military footwear
- Studded with nails for traction
- Designed for long marches and battle stability

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Without proper shoes

- Soldiers slipped easily
- Movement became difficult
- Injury was more likely

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A believer without spiritual footing becomes unstable in trials, temptation, and spiritual conflict.

Your walk determines your warfare.

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WHAT IS “THE GOSPEL OF PEACE”?

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The Gospel

The “good news” of salvation through Jesus Christ.

Romans 1:16 – “For I am not ashamed of the gospel of Christ: for it is the power of God unto salvation to every one that believeth; to the Jew first, and also to the Greek.”

1 Corinthians 15:1-2 – “Moreover, brethren, I declare unto you the gospel which I preached unto you, which also ye have received, and wherein ye stand; By which also ye are saved, if ye keep in memory what I preached unto you, unless ye have believed in vain.”

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Peace

Biblical peace is more than absence of conflict:

- Peace with God
- Peace within
- Peace with others

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The Gospel brings peace because Jesus reconciles us to God.

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“FEET SHOD WITH THE PREPARATION”

The word “preparation” means:

- Readiness
- Firm foundation
- Establishment
- Preparedness

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Paul's Message

Believers should always be ready:

- To stand
- To walk
- To witness
- To advance the Kingdom

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1 Peter 3:15

“But sanctify the Lord God in your hearts: and be ready always to give an answer to every man that asketh you a reason of the hope that is in you with meekness and fear:”

Isaiah 52:7

How beautiful upon the mountains are the feet of him that bringeth good tidings, that publisheth peace; that bringeth good tidings of good, that publisheth salvation; that saith unto Zion, Thy God reigneth!

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EPHESIANS 6:15

THE SHOES OF PEACE

“...and with your feet fitted
with the readiness that comes from the gospel of peace.”

THE ROMAN SOLDIER’S SHOES

<p> BUILT FOR THE MISSION</p> <p>Roman soldiers wore sturdy sandals (caligae) designed for long marches, rough terrain, and rapid movement. They were always ready to go where they were sent.</p>	<p> PREPARED TO PROCLAIM THE GOSPEL OF PEACE</p> <p>The gospel brings peace—with God, with others, and within. We are called to carry that peace with us and share it wherever we go.</p>	<p> READY AND STEADFAST</p> <p>These shoes remind us to be ready—standing firm, moving forward, and not retreating from the mission God has given us.</p>
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 The shoes of peace anchor us in the gospel and send us out to live it—bringing the message of peace to a world that needs it.

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WHAT THE SHOES OF PEACE PROVIDE

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Stability in Spiritual Warfare

Peace keeps believers from slipping during trials.

Psalm 40:2 – “He brought me up also out of an horrible pit, out of the miry clay, and set my feet upon a rock, and established my goings.”

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Readiness to Share the Gospel

Believers should always be prepared to witness.

Matthew 28:19–20 – “Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you alway, even unto the end of the world. Amen.”

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Endurance for the Journey

Shoes help believers continue walking despite opposition.

Isaiah 40:31 – “But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.”

The Christian life is not a sprint; it is a spiritual journey.

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Confidence in Battle

Peace gives courage in warfare.

2 Timothy 1:7 – “For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.”

Fear weakens spiritual footing, but peace strengthens it.

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THE ENEMY ATTACKS YOUR PEACE

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Satan often attacks

- Your mind
- Your emotions
- Your confidence
- Your assurance

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Common Weapons of the Enemy

- Fear
- Anxiety
- Doubt
- Confusion
- Bitterness

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John 10:10 – “The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly.”

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HOW TO KEEP YOUR SPIRITUAL SHOES ON

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Stay in God's Word

Psalms 119:105 – “Thy word is a lamp unto my feet, and a light unto my path.”

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Maintain a Prayer Life

Philippians 4:6–7 – “Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.”

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Walk in Obedience

John 14:15 – “If ye love me, keep my commandments.”

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Stay Connected to Fellow Believers

Hebrews 10:25 – “Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching.”

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References:

The Bible, King James Version

<https://www.gotquestions.org/>

Questions?